**(please add your own company logo here)**

Patient Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Area to be treated: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Hyaluronidase**

**Information and Consent to Treatment**

This information is to help you make an informed decision about whether to have the proposed Hyaluronidase (Hyalase) treatment. The decision with which to have treatment will be taken according to the treatment indication and your wishes and only after a full discussion with the treating clinician.

**What is Hyalase?**

Hyalase™ is the trade name of Hyaluronidase, a product which breaks down hyaluronic acid which is a component in Dermal Fillers and is also naturally occurring in the skin and soft tissues.

Occasionally dermal fillers need to be dissolved when the treatment outcome is unacceptable, when an adverse reaction has occurred, or there is a possibility of vascular occlusion or tissue death which could lead to the compromise of healthy tissue.

**Used to treat**

* Lumps/bumps of dermal filler
* Unevenness of dermal filler
* Blue appearance under the skin due to dermal filler (Tyndall effect)
* Asymmetry of dermal filler
* Overtreatment with dermal filler
* Filler placed in the wrong area
* Vascular events relating to dermal filler injection, namely a blood vessel becoming blocked due to dermal filler treatment. causing blood supply to the skin to be compromised. Hyalase / hyaluronidase may need to be injected immediately to attempt to prevent skin necrosis (tissue death) in the area.

**Results**

All patients respond differently and therefore not everyone is suitable for this treatment. Your practitioner will take a detailed medical history to ensure you have no conditions that might increase risk of unwanted side effects. A consultation is important to discuss your expectations and whether or not this treatment is able to meet them.

It is important the risks do not outweigh the benefits and a good outcome is achievable.

Hyaluronidase irreversibly breaks down hyaluronic acid filler. It also degrades some of the body’s own hyaluronic acid in the area, which will reform in a number of days.

**Alternatives**

The alternative to using Hyalase is to let the filler naturally degrade. Massaging the filler may accelerate degradation.

***FAQ’s: Things to know before your treatment!***

👩🏻‍⚕️It is important to tell your practitioner about any **health problems** or any treatment you may have undergone in the past few months or at present.

💊 You must disclose all **medication** you are currently taking or if you have had a history of bleeding disorders, cosmetic surgical procedures, immuno-suppressive therapies and history of any keloid scarring.

👄 If you have previously been diagnosed with facial herpes simplex (cold sores) please inform your treating clinician. Treatment cannot be administered if there is an active skin infection.

🤱🏼 **Pregnant** women or nursing mothers should **not** undergo Hyalase treatment

🙅‍♀️ You have the option to simply not have treatment at all however in some cases Hyalase may be essential to reverse complications.

⏰ Consultation and procedure time is around **45minutes** and has minimal if any discomfort.

💉 Hyalase is usually placed in 1-2 visits to give the required amount of correction to the tissues. You will be offered **local anaesthetic** to reduce the discomfort during the procedure where appropriate, which may be topical or injected.

✅ The effects are seen within 12-24 hours. Bruising after treatment should subside within 1-2 weeks. The breakdown of Hyaluronic acid filler is permanent.

📷Clinical **photographs** will be taken before and throughout treatment sessions for diagnostic purposes, documenting and to compare results. You may receive copies of these photographs free of charge.

📋You must follow the **aftercare** given and avoid any skin treatmentssuch as peels or facials, sun exposure and extremes of hot and cold for at least 14 days.

📞 You will be booked in for a **review appointment** 2 weeks later. Please get in touch before then if you have any questions or complications regarding the treatment. Practice number:**(add practice phone number here)**

***Side effects and risks associated with Hyalase***

|  |  |
| --- | --- |
| Common Side Effects | Uncommon Side Effects/Risks |
| ❌ Pain or stinging sensation when the injection is performed.  ❌Swelling which may be visible in the first 24-72 hours.  ❌Bleeding where the injection was made. ❌ Erythema: Redness of the skin is a common occurrence. This subsides from hours to a few days.  ❌ Bruising. Bruising after hyalase treatment usually resolves within a week.  ❌Undercorrection of the treatment area requiring repeat treatment  ❌Loss of volume and correction of the area treated with filler.  ❌Skin laxity which is usually temporary until your own hyaluronic acid id replenished. | ❌ Infection ❌ Inflammation ❌ Allergic Reaction- a small percentage of the population may be severely allergic to Hyaluronidase, particularly those who are allergic to bee stings. Hyalase™ administration can result in anaphylaxis a severe allergic reaction which in itself is life threatening and requires immediate medical attention and hospitalization.  ❌ Damage to deep structures: There are nerves and blood vessels present which can be damaged upon deep injection. This is rare and damage may be temporary or permanent.  ❌ Necrosis: Necrosis is death of the tissue. This is a very rare complication that will require further treatment of the area and may produce scarring. |

The above list is not exhaustive. Other complications can arise but are uncommon. Should complications arise, further medical treatment may become necessary.

**AFTERCARE**

***Things to know after your treatment!***

|  |  |
| --- | --- |
| **Aftercare** - Please tick next to each box to acknowledge you have read and understood. | ✅ |
| Makeup should not be worn for 12 hours |  |
| Bruising may take a few days to appear, arnica can be helpful in improving bruising. |  |
| No touch: Do not touch the treated area for 24 hours. Keep your hands clean and frequently wash them. Do not apply makeup for 24 hours |  |
| Massage: It may accelerate the degradation of the filler if you massage within 12 hours of injection of hyalase |  |
| You are advised to avoid alcohol, vigorous exercise, sun bathing, and extremes of heat or cold for 14 days post treatment. These activities have been found to increase and prolong swelling. |  |
| Facial/Skin treatments: You should avoid any skin treatments such as peels and facials, sun exposure and extremes of hot and cold for at least 14 days |  |
| Painkillers: You may take painkillers that you normally would take for a headache. Please refrain from taking Aspirin as this may worsen bruising. If you normally take a cardioprophylactic Aspirin dose, please continue with this. |  |
| Medication: it is not necessary to stop or change any of your medications unless specifically instructed. There are no known reactions with drugs or medications. |  |

⛑ **Vigilance: If you experience any colour, texture or sensory changes or increasing pain from the treatment area, or you are concerned about any aspects after treatment, you must get in touch with (add your practice name and number) The out of hours emergency telephone number is (provide an out of hours number for severe complications)**

I have taken time to read the Hyalase information and consent from pages 1 - 4. I understand and consent to the information, risks and treatment outlined on these pages.

Print Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_

Patients Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(add Clinician Name)

(add company name)

(add practice contact number)