**(Please add your company Logo here)**

Patient Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Area to be treated: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Botulinum Toxin**

**Information and Consent to Treatment**

This information is to help you make an informed decision about whether to have the proposed treatment with Botulinum Toxin.

***What is Botox® and how does it work?***

**Botox®** is a licensed brand of Botulinum toxin A. Botulinum toxin is a naturally occurring protein, and as is the case with many drugs/medications such as Penicillin, Botulinum toxin is *very safe*. It can be used in cosmetic clinics for use on frown lines (between the eyes), crows feet, neck bands, forehead and hyperhydrosis (excessive sweating) as well as treatment for a number of medical conditions.

The aim of this treatment is to significantly reduce the movement of the muscles causing expression lines, thus improving the appearance of such lines.

The toxin blocks the transition of chemical messages from the nerve to the muscle so that the muscle relaxes in a resting state for a period of 8 to 12 weeks on average. Treatment may be tailored to suit your individual requirements. Your expected treatment outcomes and whether they can be achieved will be discussed at the time of consultation.

***Results***

All patients respond differently to treatment. Effects can be treatment planned but will vary from each patient. Any decision to increase the dose, or repeat treatment, will be made at the discretion of the practitioner. The effect of botulinum toxin is not permanent but successfully, it should prevent or significantly reduce the expressions causing the lines. Depending on the area and condition treated, the effects of botulinum toxin is *2-4 months on average.*

*Not all wrinkles respond to botulinum toxin treatment. Alternatives to botulinum toxin include chemical peels, laser resurfacing, surgical procedures and dermal fillers. Your clinician will be able to advise you on the best course of treatment or refer other options.*

***FAQ’s: Things to know before treatment***

👩🏻‍⚕️It is important to tell your practitioner about any **health problems** or any medical or aesthetic treatment you may have undergone in the past few months or at present.

💊 You must disclose all **medication** you are currently taking or if you have had a history of bleed ing disorders, cosmetic surgical procedures, immuno-suppressive therapies and history of any keloid scarring.

🤱🏼 **Pregnant** women or nursing mothers should **not** undergo Botulinum Toxin treatment.

🙅‍♀️ You have the option to simply not have treatment at all - this is an elective procedure.

⏰ Consultation and procedure time is around **30minutes** and has minimal if any discomfort.

📅 After treatment, it is expected that you will start to see an improvement within 5-10 days. For some people this takes longer.Results tend to last between **3-4 months.**

📷Clinical **photographs** will be taken before and throughout treatment sessions for diagnostic pur poses, documenting and to compare results. You may receive copies of these photographs free of charge.

📋You must follow the **aftercare** given and avoid any skin treatmentssuch as peels or facials, sun exposure and extremes of hot and cold for at least **14 days.**

📞 You will be booked in for a **review appointment** 2 weeks later. Please get in touch before then if you have any questions or complications regarding the treatment. **(add practice phone num ber here)**

**Other things to note….**

(Use this box to write any other notes regarding things to know and aftercare tailored to your specific treatment. )

***Side effects and risks associated with Botulinum Toxin.***

Risk is assessed with relation to its possible benefit. Whilst the majority of patients do not experience the following risks associated with the procedure, you should be aware that some of these may occur and discuss any queries and concerns with the treating clinician prior to embarking on the procedure.

❌**Common side effects: Bleeding and Bruising.** - These bruises likely subside within a few days. You should not take aspirin or any non-steroidal anti-inflammatories or herbal remedies for one week after treatment to further reduce the risk.

❌**Uncommon side effects/risks: Damage to deep structures** -Such as nerves, blood vessels and structures is rare. This damage may be temporary or permanent.   
**Dry eyes** - Individuals that usually have dry eyes may find that the treatment with Botulinum Toxin exacerbates this. **Migration of Toxin** - The toxin may produce temporary paralysis in adjacent muscle groups due to migration. **Eyelid drooping/ptosis -** Migration of the product may cause drooping of the eyebrow and eyelid. **Asymmetry -** The human face is not symmetrical. There may be a variation in the reaction of muscle groups to the product from one side to another. **Skin Disorders** - Itching, redness and rashes are very uncommon side effects **Antibodies** - Production of antibodies to the toxin may occur and can result in ineffectiveness of the product. **Allergic Reaction -** Botulinum Toxin administration can result in anaphylaxis (a severe allergic reaction) which in itself is life threatening and requires immediate medical attention. Symptoms of a severe allergic reaction can include shortness of breath, wheezing, coughing, difficulty swallowing, swelling of the tongue, eyelids, lips, hoarseness of the voice, stomach pain, nausea or diarrhoea. If you have any of the above symptoms please report to your nearest Accident and Emergency Department or call 999 for an ambulance.

✅ **Aftercare.**

You will be advised to not apply makeup or touch the treated area, avoid extremes of heat or cold and vigorous exercise on the day of treatment.

After treatment it is expected that you will start to see an improvement within 3-5 days. For some people this takes longer. The full result may be judged at 2-3 weeks.

I understand that though complications are uncommon, they sometimes do occur. It is possible side effects not described may occur and indeed a complication not previously reported may occur for the first time.

I have taken time to read the Botulinum Toxin information and consent from pages 1 - 3. I understand and consent to the information and treatment outlined on these pages.

Print Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Patients Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(add Clinician Name)

(company name)

(add practice contact number)